

RESUME

A. Maria Jastinaa B.A, M.S.W (Medical & Psychiatric), Social Worker.
L. Amal Raj, NCSM-Petrol Bulk opp. Vellai Nagar,
15. B. Mettu Patti, Allanganallur-Via Madurai-625502.,
Tamil Nadu, India.
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OBJECTIVE

To attend the needs of individuals, families, groups, communities, and society as a whole to enhance their individual and collective well-being. Highly attentive to details and committed to knowing and understanding students' situations and goals. Experience in working with administrators and teachers to develop and implement school-wide events. Can able to identify and address the needs for academic and emotional support for individual students and groups.

- Work Experience and internship fields: Hospitals, College and IT Sector, Children's Home.**

Work Experience 1: Name of the Institution: Mannar Thirumalai Naicker College, Madurai. Tamil Nadu. India

Designation: Assistant. Professor. Department of Social Work.

Total No of Work Experience: 02.03.2022 – till date.

Work Experience 2: Name of the Organization: ISA Children's Home -REG: NO.270/2002

Designation: Counsellor- Part Time, Madurai. Tamil Nadu, India.

Total No of Work Experience: March 2020- till date

Work Experience 3: Name of the Organization: KANCHANA PAATI-MY GRANDMA'S PLACE, HCL TECHNOLOGIES Pvt LTD., MADURAI, Tamil Nadu, India.

Designation: Senior Facilitator, TIME PERIOD: 02.01.2019-15.04.2020

Work Experience 4: Name of the Organization: SBL Technologies Pvt Ltd.,

Designation: SME- ITeS. – Team Lead.

Total No of Work Experience: 14.10.2020 to 19.08.2021.

MAIN ROLE:

1. Conducting Psycho social assessment.
2. Identify Mental Health Issues
3. Diagnose Disorders
4. Assess the Impact of Environmental factors and social determinants on mental well-being.
5. Create and Implement A Treatment Plan
6. Evaluate and Monitor Improvement
7. Guidance Curriculum
8. Preventive and Responsive Services educational System support
9. Accountability

EDUCATIONAL ACHIEVEMENTS:

1. Received special endowment prize for The **DICIPLINE COMMITTEE MEMBER** Year 2009-2010-Fatima college.
2. Received Dr G.S. Subha Memorial endowment prize for **THE BEST ALL ROUNDER IN SOCIOLOGY MAJOR** Year **2009-2010**
3. Certified under the authority of **MINISTRY OF DEFENCE, GOVERNMENT OF INDIA-C Certificate Year2009. National Cadet Corps**

INTERNSHIP/FIELD WORK:

Training at ROTARY HELEN KELLER TALKING BOOK LIBRARY (A Service project of Helen Keller service for the disabled) from 03-12-2010 to 15-03-2011.

Rotary Helen Keller Talking Book Library provides public access to Educational Materials in Audio Cassette format for the Visually Impaired Persons as Talking Books in order to facilitate greater integration of Visually Impaired person into the mainstream of Social Life as Empowered Persons with Special abilities.

Field Work Participations and Learning Experiences:

Students Counseling, Special Abilities of Visually Impaired Students, Writing Reports for the Visually Impaired Students, Voice Testing for making Cassette for Visually Impaired Students, Technical Support for making Cassette for Visually Impaired Students, Organized Outreach programme with Visually Impaired Students.

Training at MEENAKSHI MISSION HOSPITAL & RESEARCH CENTRE (In the department of Integrated Counseling Testing Centre and Psychiatry) from 05-07-2011 to 20-09-2011. Field Work Participations and Learning Experiences: Unit-Observations: Neuropsychiatry, Child Psychiatry, Consultation-Liaison Psychiatry, Geriatric Psychiatry, Psychotherapeutic and Counseling Services, **PSYCHOTHERAUPATIC AND COUNSELLING SERVICES:** Cognitive behavior therapy, Crisis intervention Counselling, Marital Counselling.

Training at BETHSHAN SPECIAL SCHOOL (For the intellectual and developmental disability. Recognized by the state and central government) from 29-11-2011 to 28-02-2012 Field Work Participations and Learning Experiences: Interacted with the Students with Intellectual & Developmental Disabilities, and also with the Special Educators and management and with the Parents to acquire relevant Knowledge about Special Education and related Issues.

Training at CENTRE FOR EDUCATION & DEVELOPMENT from 06-05-2011 to 06-06-2011 Field Work Participations and Learning Experiences: Involved in various developmental activities like formation of Self Help Groups, Process of Family Counselling, and Skill Training and involved with Case Works & Group Works with the Self Help Group members.

Training at NATIONAL INSTITUTE OF MENTAL & NEUROSCIENCE (Deemed University) from 01-05-2012 to 31-05-2012. Field Work Participations and Learning Experiences:

Posted in various units for observation and practice with the Social Work Settings like Mental Health Education, Child Psychiatry Centre, Adolescent Psychiatry Centre, Psychology and Human Relation, Centre for Addiction Medicine, Family Psychiatry Centre, Psychosocial Rehabilitation Services, and Psychiatric Social Work, to learn the application of Social Work in the field of mental health in general along with exposure to clinical work in particular.

PROFESSIONAL SKILLS:

Self-Motivated Person, Good Listener, Having Genuine Interest in Children, Ability to Listen-On Multiple Levels Very Flexible to Approach, Always shows sense of Empathy, Focus on Problem -Solving & Rapport-Building Having Positive Attitudes in Negative Situations. Public Speaking and Presenting, Showing Unconditional Positive Regards to All People, Never give-up after the first Failure.

CO-CURRICULAR ACTIVITIES:

- 1. Certificate for Street Theatre** (Dept. of Youth Welfare & Red Ribbon Club)
- 2. Certificate for Women's Equality** (The Road to Empowerment, Fatima College)
- 3. Certificate for the Participation & Representation-** Social Response to Domestic Violence, MISS Attended Intercollegiate Seminar at Madurai Institute of Social Sciences-2011.
- 4. Certificate for the Human Rights** A Move Towards Societal Equity, Fatima College
- 5. Certificate for Society for Community Organization Trust** (Training course on Human rights from 08-09-2007 to 22-09-2007)
- 6. Certificate for Dr. Ambedkar- Man of the Millennium for Social Justice (National Conference)**
- 7. Certificate for the Role of The Social Worker In The Community at Shant Manas**
- 8. Certificate for Arogya Welfare Trust**

EDUCATIONAL QUALIFICATIONS:

- DEGREE OF BACHELOR OF ARTS IN SOCIOLOGY-FIRST CLASS**
Fatima College, Madurai Kamaraj University-2010, Tamil Nadu, India
- DEGREE OF MASTER OF SOCIAL WORK-FIRST CLASS WITH DISTINCTION**
SPECIALIZATION: MEDICAL & PSYCHIATRIC,
Fatima College, Madurai Kamaraj University-2012, Tamil Nadu, India
- Course in **Integrative Psychology** Fatima College-2009, Tamil Nadu, India.
- Course in **Healing the Inner feeling of Child**, Fatima College-2009, Tamil Nadu, India.
- Capuchin Institute for Counselling, **Psychotherapy and Research**
- Course in **Counselling Skills & Psychotherapy** (Capuchin Institute for Counselling, Psychotherapy and Research) Affiliated to Madurai Institute of Social Sciences, Madurai Kamaraj University-2011
- Course in **NGO Management** Fatima College-2012

HOBBIES:

Passionate Reader of Classical Tamil
Recycling & Waste Management & Conversion as Arts & Crafts - Good Home Decor
Bharathanatyam- Pursuing
Quilling Art
Mehandi Artist
Painting
Poem Writing

PERSONAL DETAILS:

NAME : Maria Jastinaa A
DOB : 30-11-1990
MARTIAL STATUS : Married
LANGUAGES KNOW : Tamil and English
NATIONALITY : Indian

PLACE: MADURAI

SIGNATURE
(MARIA JASTINAA A)
